



GHOOMNE CHALE PRESENT

# KEDARNATH CHOPTA TUNGNATH AND BADRINATH

## 7 Night 8 Days



**Make your booking with GHOOMNE CHALE**  
**Promise to serve you the best service**



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# Why Ghoomne chale ?

- **Registered with UTDB (Uttarakhand Tourism Development board)**
- **ISO Certified 9001 : 2015**
- **Certified with Ministry of Tourism, India.**
- **Member of Uttarakhand Tour Operator Association.**
- **4.9 star rating on Google**
- **24\*7 assistance**

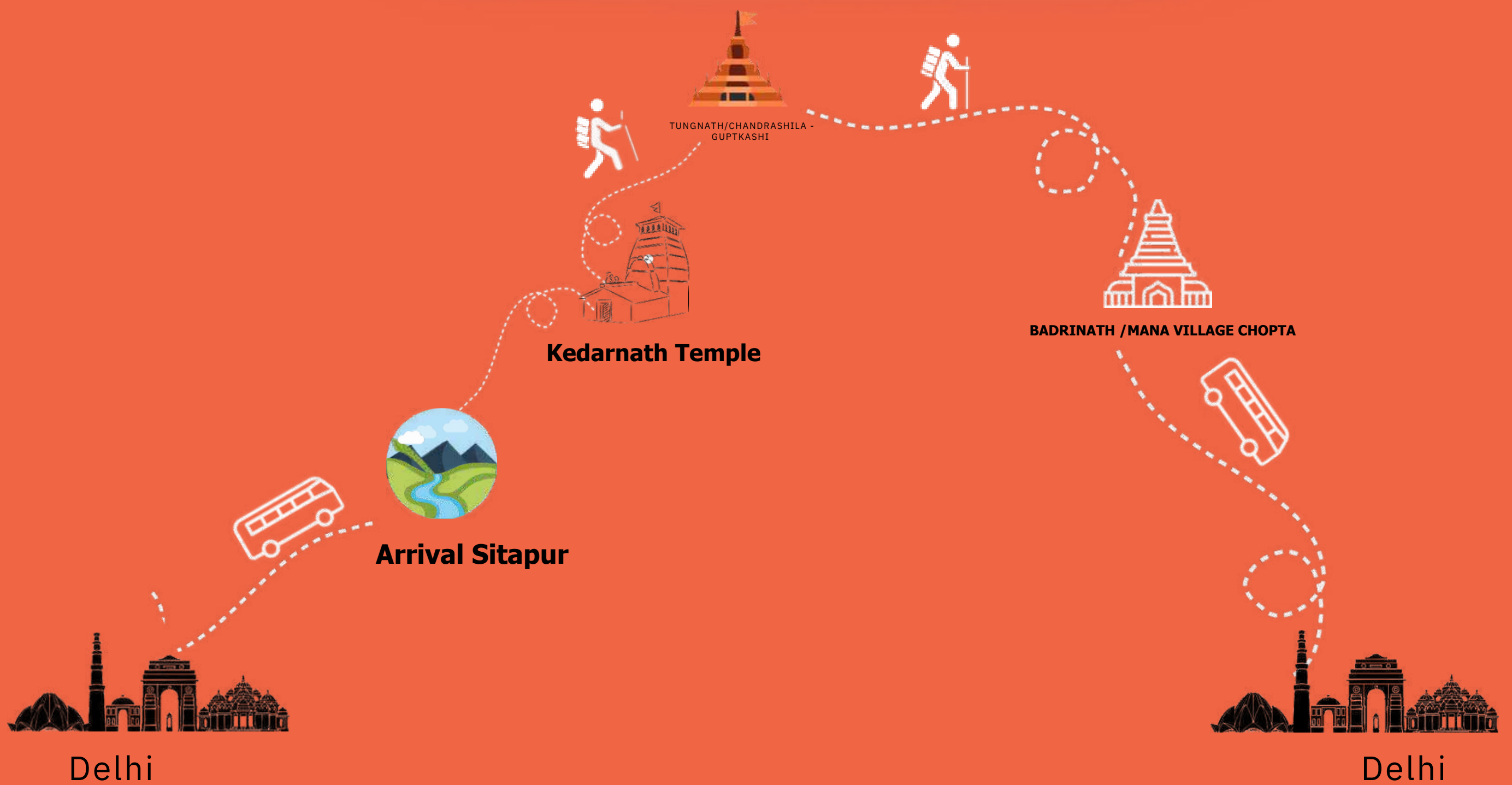


## Guest Feedback:-



- **Click above to check our review**

# OVERVIEW



- Region Uttrakhand
- Trip name kedarnath, Badrinath & Tungnath Trip  
Trip Distance by road 900km
- Trek distance 38km kedarnath both side and 9km chopta, Tungnath both side.
- Pickup point :- New Delhi



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# DETAILED ITINERARY



## DAY 1: - DELHI - SITAPUR



- Reach Delhi ,Come to pickup location by own .
- Pickup Timing :- Night around 10 PM
- Assemble at Akshardham Metro (opposite side)
- Meet and Greet session from Tour coordinator
- After some basic information start your journey Proceed for Sitapur .  
12 hrs (450.5 km)
- Overnight Journey
- On the way stop for dinner (Own Payment)



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## DAY 2: - ARRIVAL SITAPUR



- Move forward to Sitapur via Rishikesh , Devprayag meal break in between route .
- Reach devprayag take a stop in devprayag visit the confluence of Alaknanda, bhagirathi and ganga river.
- Reach Sitapur in evening.
- Check into hotel have Dinner .
- Overnight stay in hotel at Sitapur.



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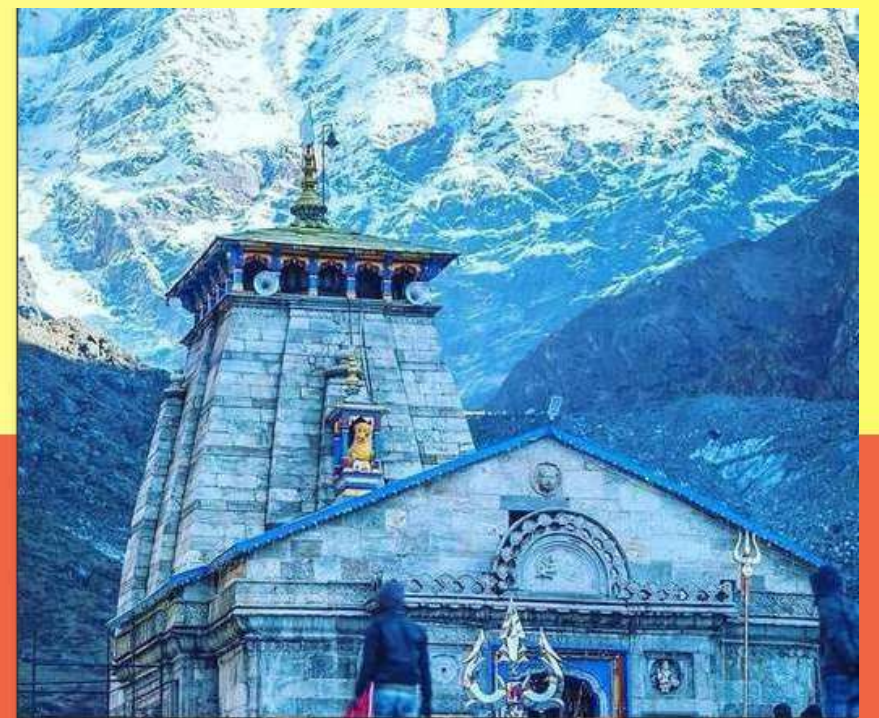
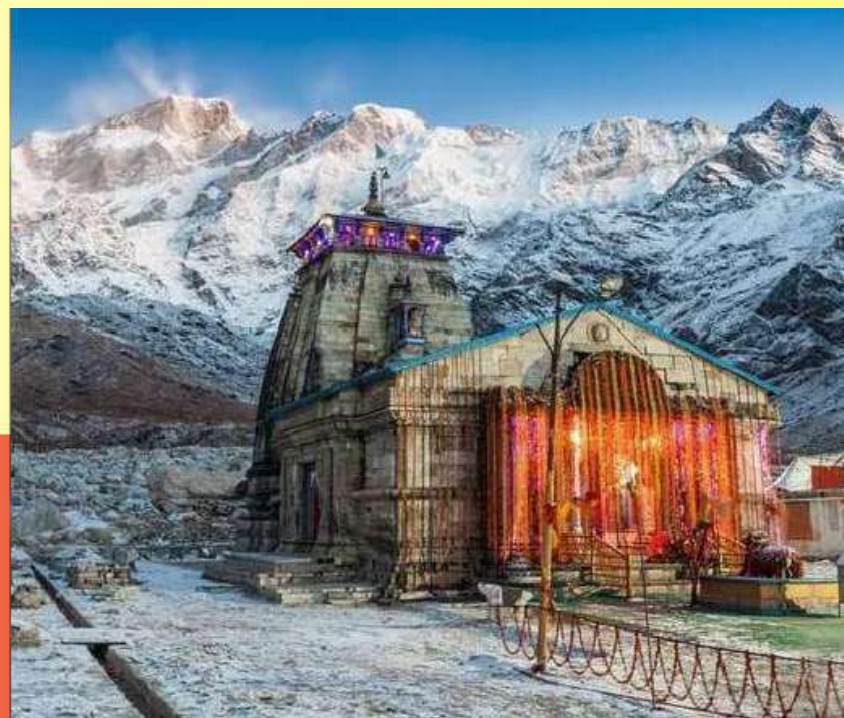


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## DAY3:- KEDARNATH TREK



- Wake up in morning freshen up have breakfast check out from hotel .
- later depart for sitapur/sonprayag. Reach sitapur/sonprayag take a jeep to gaurikund at your own cost (it cost around 40-50 rs per person) Reach gaurikund start trek to kedarnath temple it is around 19-20km trek distance.
- Reach kedarnath in evening.
- Do Kedarnath Dham Darshan Check into hotel.
- Rooms are 4/5/6 person sharing basis with Attach washroom , geyser. 300/400 Meter from Temple .



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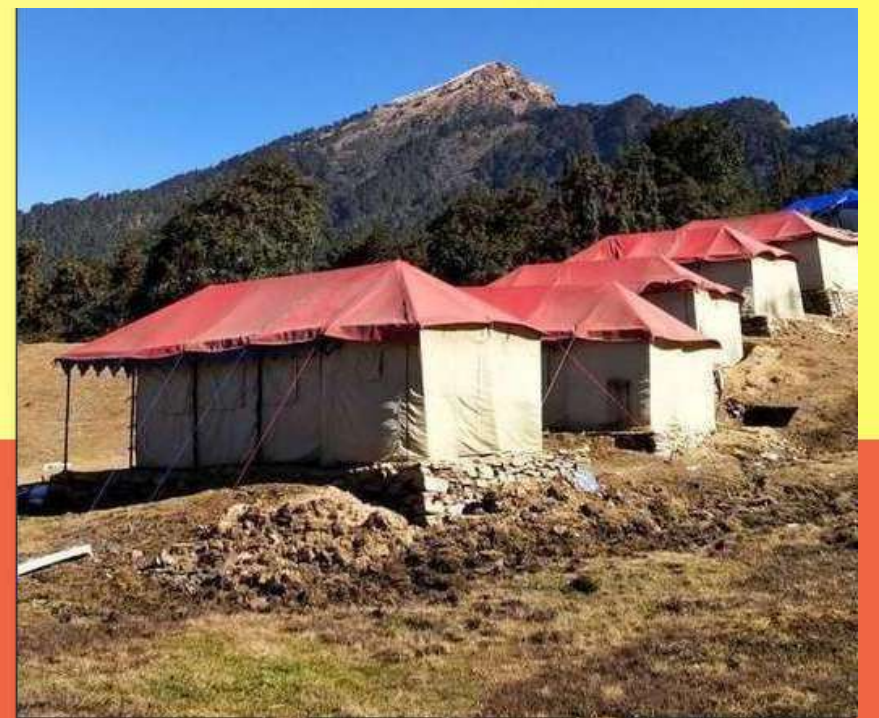


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## DAY4:- KEDARNATH DARSHAN & TREK DOWN



- Wake up in morning freshen up have breakfast do pray and darshan in kedarnath temple.
- Attend the Abhishek Ceremony Early Morning.
- Later visit bhairav nath temple it is around 2km trek from kedarnath temple.
- Later trek down to gaurikund. Reach gaurikund take a jeep to sitapur.
- Reach sitapur check into hotel.
- Dinner and overnight stay in hotel.



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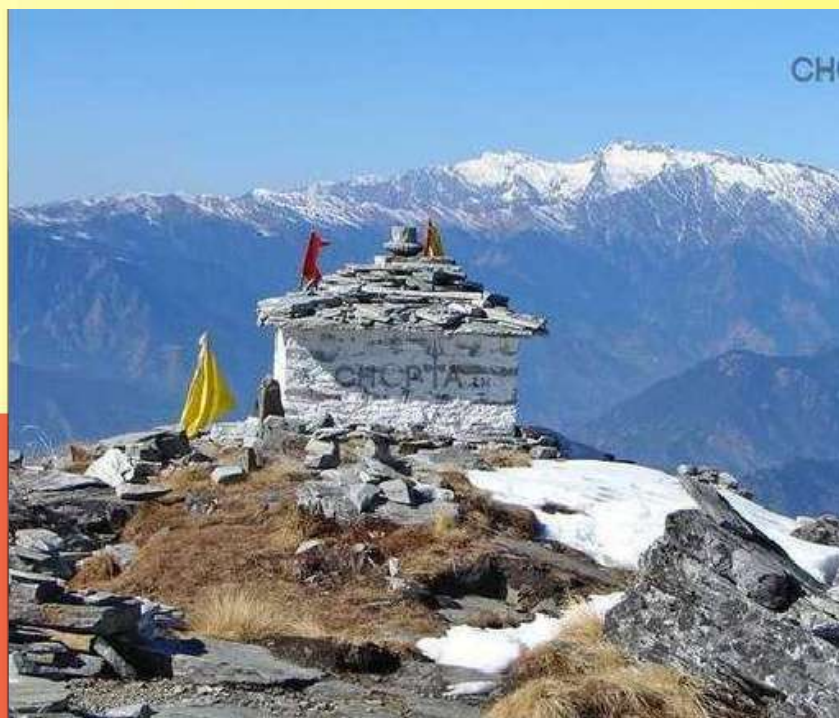


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## DAY 5 : SITAPUR - TUNGNATH



- Wake up in the morning freshen up have breakfast. Check out from the hotel.
- Later depart for Tungnath temple via Chopta.
- Reach Chopta and start trekking to Tungnath temple it is around a 3.5 km trek distance it takes 2-3 hours.
- Reach Tungnath temple and do some prayer.
- Later start the trek to Chandrashila which is around 1 km from Tungnath temple. Reach Chandrashila and enjoy the 360° view.
- Later trek down to Chopta. Reach Chopta by 4-5 pm.
- Dinner and Overnight stay in Chopta (Tents)



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## DAY 6 :- BADRINATH DHAM



- Wake Up in the Morning, After breakfast leave for Badrinath.
- Reach Badrinath by evening.
- Hotel check-in later visits Badrinath temple and Market.
- Dinner and overnight stay in Badrinath



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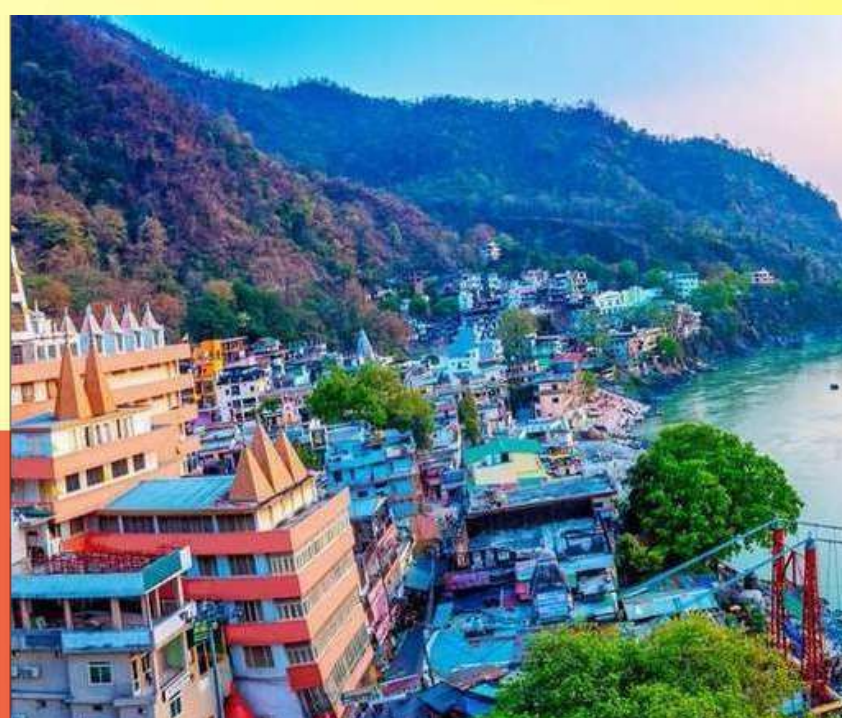


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## DAY 7:- MANA VILLAGE - RISHIKESH-DELHI



- You will attend the morning Arti at Badrinath and later breakfast. Post
- breakfast you will visit Mana Village, Tapt Kund, Mata Maruti Temple, Vasudhara Temple, Vyas Gufa, Ganesh Gufa, Bheem Pul, Pandukeshwar Temple, Charan Paduka, Narad Kund, Brahma Kapal, Sheshnetra, Panch Dhara (Prahlaad Dhara, Kurma Dhara, Bhrigu Dhara, Urvashi Dhara, and Indira Dhara, collectively known as 'Panch Dharas' at Badrinath.) and Surya Kund. We will cover as many of them as possible.
- Later depart for Delhi.
- A pit stoppage at Rishikesh according to availability of time.



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## DAY 08: ARRIVE IN DELHI



- 5 AM, Arrive in Delhi.
- Depart for your home .
- Our Service and Your Divine tour will end here .



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## INCLUSIONS:

- Ac traveller
- Meal ( 5 breakfast 5 Dinner)
- Hotel and Camps on sharing basis
- Team Leader in groups batch
- Sightseeing
- Permit
- Toll and Taxes

## EXCLUSIONS :

- 18% GST
- Personal Expenses
- Insurance
- Lunch
- Any cost arising due to natural calamities like landslides, road blocks , Muel etc. to be borne by the client directly on the spot
- Anything not mentioned in Inclusions.



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# HOTEL DELUXE:-

- **Sitapur** - San Kedar /Similar
- **Kedarnath**- Room with attached washroom and gyser (300/400m from temple )
- **Badrinath**- Hotel Ganesh/Similar
- **Chopta** - Swiss camp (Alpine Camp)

TRANSPORT:- COMFORTABLE TEMPO TRAVELER

## BATCH & PRICE:-

### MAY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     | 1   | 2   | 3   |
| 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |

### JUNE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2   | 3   | 4   | 5   | 6   | 7   |
| 8   | 9   | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 29  | 30  |     |     |     |     |     |

| Price for Deluxe Group Tour |                      |
|-----------------------------|----------------------|
| Quad Sharing                | Rs 17,500 Per Person |
| Triple sharing              | Rs 18,500 Per Person |
| Double sharing              | Rs 19,500 Per Person |

**Note :-**

- All hotel are as per availability if same not available then similar category hotel will be provided.
- All meals are buffet and Veg. Basic Food will be provided .
- Rooms are on sharing basis



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# FITNESS FOR TREK

## *Tips to get fit for Trekking*

Experiencing trek is almost everyone's passion or dream. But before starting or planning for a hike, you must be aware of the during and post-trek pain of your body. It is essential to be strong enough to enjoy your whole trek without any disruption of body ache. One book or decide several months before going on a hike, so you have a significant amount of time exercising your body and training it to become flexible for the trek.

## *Following are some advantages of training yourself before trek:*

- It fosters aerobic fitness.
- It improves blood circulation and breathing functions as well.
- It makes the heart strong, preventing it from any problem.
- It helps in toning legs.
- Muscles get build-up which is very beneficial.

Therefore, one must do practice to gain all these benefits. It is not only for the trek but for lifetime fitness also.

Let's have a look at some factors which must be kept in mind to practice before trek:



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## IMPORTANCE OF STRETCHING

It helps the body become flexible and allows you to move your body in any direction you want quickly. It helps make the joints such as shoulders, elbows, hips and knees stronger to prevent any misshaping. It provides much relaxation to your body and relieves the pain. And if you are going on a trek, it is essential to practice stretching way before your hike. It will help you in moving to the higher altitudes region more efficiently.

## SLEEP LIKE BABY

It is always said that one must sleep like a baby. It means sleep without any worries. This makes you have an adequate amount of sleep which is a significant factor in daily life. So, practice it daily and also before your trek. Try to make yourself comfortable to sleep at higher altitudes.

## GOOD SHOES-GOOD TREK

It is so evident that one has to walk and only walk while Trekking, so it is far more essential to have a good pair of trekking/hiking shoes. Practice walking by wearing your boots before the trek to make yourself used to them. You may opt for an option to keep an extra pair in your bag while trek to help yourself in the opposite condition.



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# Terms & Conditions:

All bookings are strictly subject to availability and confirmation by payment of Non-refundable Advance.

GHOOMNECHALE shall not take responsibility for missing items from the Hotel or its premises, hence requested not to travel with too many ornaments, jewellery, cash and other etc.

All our packages are 'group packages' and the same services/items are applicable for each person in the group.

Any meal, activity or service not availed by the client will not be adjusted in the package cost and non-refundable under any circumstances.

We entertain only those persons at the campsite for whom the booking has been made. No additional persons will be entertained under any circumstances. GHOOMNECHALE reserves the right to alter or cancel any trip depending upon the prevailing conditions.

GHOOMNECHALE won't bear any cost incurred due to any unforeseen incident or act of gods like accidents, medical emergencies, disasters, landslides and political or communal activities etc and Explora should not be liable for the same



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# CANCELLATIONS POLICY:

- If you or any member of your party wishes to cancel your holiday, you must notify us in writing, in any case, the date of cancellation will be at the date on which notice is received by GHOOMNECHALE team.
- As this incurs administrative cost and retention charges by the hotel, the cancellation charges will apply on the following scale:

| Number of days before departure | Amount of Cancellation charges |
|---------------------------------|--------------------------------|
| More than 20 Days               | Deposit only                   |
| 19-10 Days                      | 50% of the Tour Cost           |
| 09-06 Days                      | 75% of the Tour Cost           |
| 05 days or less                 | 100% of the Tour Cost.         |



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# PAYMENT POLICY:

KINDLY DEPOSIT 50% OF THE AMOUNT TO BOOK YOUR SEATS AND REST 50% CAN BE PAID ONE NIGHT BEFORE THE DEPARTURE DATE.

## BANK ACCOUNT DETAIL

NAME : GHOOMNE CHALE

ACC NO :-110211000000124

IFSC CODE : PSIB0021102

18% GST APPLICABLE

## ONLINE PAYMENT DETAIL



9634345000

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**GHOOMNE CHALE**  
Let's Explore, Plan, Travel, Stay